



Operation Outreach
For Veterans with TBI and PTSD



COMMAND YOUR HEALTH

- ◇ Approximately 14,200 soldiers have returned to Arizona from the Middle East with a traumatic brain injury or post traumatic stress disorder
- ◇ Up to one half of these brave individuals are at risk of developing post traumatic epilepsy
- ◇ Post-traumatic seizures can develop immediately but may take up to fifteen years to manifest
- ◇ The Department of Veterans Affairs (VA) estimates that Improvised Explosive Devices account for two-thirds of combat injuries during this war
- ◇ The Walter Reed Army Medical Center found evidence of brain injury in almost two-thirds of returning soldiers who had been exposed to blasts

FUN, FOOD, AND FACTS

**Saturday, October 3, 2009
2:00 PM - 7:00 PM**

**Phoenix Zoo
455 N. Galvin Parkway
Phoenix, AZ 85008**

In honor of your service, this program is free for you and your family and includes admission to the Phoenix Zoo and a BBQ dinner.

Call (602) 406-3581 to RSVP

OEF/OIF combat Veterans are invited to join us for a Conference and Family BBQ.

Learn about:

- ◇ VA Benefits and how to improve your medical and psychological care
- ◇ Neuropsychological Expectations
- ◇ Family Coping Strategies
- ◇ Brainbooster Techniques
- ◇ Polytrauma and Consequences
- ◇ Audio and Speech Training
- ◇ Exposure and Prescription Therapies
- ◇ Employment and Health Information Fair

Dinner provided by:



THE EPILEPSY COMPANY



BlueCross BlueShield of Arizona

An Independent Member of the Blue Cross of the United States

SIGNS OF A SEIZURE

Episodes of blank staring • Sudden falls for no apparent reason • Episodes of blinking or chewing at inappropriate times • Periods of blackout or confused memory • Episodic, not continuous, behavior • Sudden changes in awareness • Episode is followed by a period of confusion

If you are a veteran or know a veteran displaying the above symptoms, contact the Epilepsy Foundation of Arizona.



EPILEPSY FOUNDATION® ARIZONA
Not another moment lost to seizures™

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PHONE: 602-406-3581 • 1-888-768-2890 • FAX: 602-406-6147 • www.epilepsyfoundation.org/arizona
An independently incorporated affiliate of the Epilepsy Foundation